

## Quarterly Monitoring of ARV therapy and Counselling and Testing by NTP

**Results from 11 hospitals assessed for the second quarter of 2004 (April – June)**

### **Quarterly cohort analysis of patients started on ART between April to June 2004**

Hospital	Number of patients started on ART in the quarter	Number of patients started on ART in the quarter who are				
		Alive	Dead	DF	Stopped	TO
Mzuzu Central *	125	124	1	0	0	0
Ekwendeni Mission	93	86	5	0	0	2
Moyale Barracks *	11	11	0	0	0	0
Lighthouse- LLW	294	285	1	8	0	0
ABC- Mission	33	28	1	1	0	3
Mtengowantenga	35	31	4	0	0	0
Mikoke *	1	1	0	0	0	0
Thyolo District *	275	262	10	0	3	0
Chiradzulu District*	208	196	4	8	0	0
St Joseph, Nguludi *	57	52	3	2	0	0
Mulanje Mission *	35	29	5	0	1	0
<b>Total</b>	<b>1167</b>	<b>1105 (93%)</b>	<b>34 (3%)</b>	<b>19 (2%)</b>	<b>4 (1%)</b>	<b>5 (1%)</b>

DF = defaulted

Stopped = stopped treatment for any reason

TO = transferred permanently out of the district

\* = providing ART free of charge

### **Cumulative analysis of all patients started on ART up to June 2004**

Hospital	Number of patients started on ART in the quarter	Number of patients started on ART in the quarter who are				
		Alive	Dead	DF	Stopped	TO
Mzuzu Central *	125	124	1	0	0	0
Ekwendeni Mission	190	154	18	8	1	9
Moyale Barracks *	11	11	0	0	0	0
Lighthouse- LLW	2114	1482	14	541	28	49
ABC- Mission	181	142	18	10	0	11
Mtengowantenga	135	121	14	0	0	0
Mikoke *	13	10	1	1	1	0
Thyolo District *	881	785	73	7	15	1
Chiradzulu District *	1693	1193	274	226	0	0
St Joseph, Nguludi *	180	140	28	12	0	0
Mulanje Mission *	35	29	5	0	1	0
<b>Total</b>	<b>5558</b>	<b>4191 (75%)</b>	<b>446 (8%)</b>	<b>805 (14%)</b>	<b>46 (1%)</b>	<b>70 (2%)</b>

DF = defaulted

Stopped = stopped treatment for any reason

TO = transferred permanently out of the district

\* Providing ART free of charge

## Quarterly report on CT, PMTCT and Blood donor testing : April - June 2004

Hospital	Number persons undergoing CT	Number CT HIV+ve	Number undergoing PMTCT	Number PMTCT HIV+ve	Number blood donors tested	Number Blood donors HIV+ve
Mzuzu Central	234	164	7	4	463	57
Ekwendeni Mission	386	85	169	13	136	10
Moyale Barracks	43	37	-	-	-	-
Lighthouse- LLW	2911	1489	-	-	1216	187
ABC- Mission	85	47	-	-	5	0
Mtengowantenga	124	65	-	-	368	33
Mikoke	12	5	1	1	50	5
Thyolo District	1560	633	644	147	557	78
Chiradzulu District	No data	No data	No data	No data	240	45
St Joseph, Nguludi	339	188	-	-	151	10
Mulanje Mission	502	334	-	-	201	24
<b>Total</b>	<b>6196</b>	<b>3047 (49%)</b>	<b>821</b>	<b>165 (20%)</b>	<b>3387</b>	<b>449 (13%)</b>

### Comment:

This was the first time that the NTP regional officers had undertaken monitoring and evaluation of ART and CT services on behalf of the HIV Unit, MOH. During the second quarter of 2004, there were only 11 hospitals known to the Unit, which were providing ART to patients. These were the hospitals visited. As more hospitals start offering ART services, these will in turn be brought on board for monitoring and evaluation.

During this M&E visit, data on ART and CT was not always easy to obtain and there were discrepancies between numbers. This should improve as health workers at peripheral units start to use a) ARV Registers and conduct proper quarterly cohort analyses and b) Standard CT registers.

The data are shown in the tables and need no further comment. Hospitals offering free ART (alive 78%) did better in terms of cumulative assessment than those where patients have to pay for ART (alive 72%). However, as scale up increases more and more hospitals will be offering free ART to their patients.

The HIV Unit thanks the NTP for conducting this first quarterly cohort evaluation and looks forward to further collaboration in the future.

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